

ALLERGEN KEY

Our commitment to food safety is of the utmost important to us, please make us aware of any allergies or food intolerances that your child may have.



Celery Gluten Crustaceans



Eggs Fish Lupin



Dairy Molluscs Mustard



Nuts Peanuts Sesame Seeds



Soya Sulphur

Please make us aware of any food allergies or intolerances you may have prior to ordering. Fresh fruit & yogurts available daily.

WEEK
One
PRIMARY
MENU
23/1,20/2,13/3

MONDAY

THE MAIN EVENT

Chinese chicken curry with sticky rice and bok choy.
Allergen: G, MU

MEAT FREE

Vegetable samosa with sticky rice and a sweet curry dip.
Allergen: G, C, MU, SS, S

SIDES

Soy and garlic broccoli
Sweet n sour peppers
Allergen: S

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

TUESDAY

THE MAIN EVENT

Homemade chicken lasange.
Allergen: G, E, D

MEAT FREE

Tomato and basil penne pasta.
Allergen: G, D

SIDES

Garlic bread
Chilled crispy salad
Allergen: G, D

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

WEDNESDAY

THE MAIN EVENT

Roast chicken stuffing and real gravy.
Allergen: G

MEAT FREE

Seasoned Quorn fillet, stuffing and vegan gravy.
Allergen: G

SIDES

Crispy roasties
Baby carrots and peas

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

THURSDAY

THE MAIN EVENT

Pulled chicken burger with a BBQ glaze.
Allergen: G

MEAT FREE

Vegan burger with a garlic mayo.
Allergen: G, S, E

SIDES

Soy and garlic broccoli
Sweet n sour peppers
Allergen: S

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

FRIDAY

THE MAIN EVENT

ven baked fillet of fish or Omega 3 fish fingers in a light breadcrumb with Ketchup Allergen: F,D,G

MEAT FREE

Roasted vegetable tacos
Allergen: S

SIDES

Skinny fries
Sweet garden peas

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

CAKES & BAKES

MONDAY G, E

CHOCOLATE
Bronnie

TUESDAY G, E, D

A-PEELING
Carrot Cake

WEDNESDAY G, E

Jelly & ice cream

THURSDAY G, E

PARSNIP
& toffee cake

FRIDAY G, E

COURGETTE
Cake





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Eggs Fish Lupin



Dairy Molluscs Mustard



Nuts Peanuts Sesame Seeds



Soya Sulphur

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MONDAY

THE MAIN EVENT

BBQ chicken and rice
Allergen: s

MEAT FREE

Tasty Mac n Cheese
Allergen: D G

SIDES

Corn kernels
Garlic bread
Allergen: G, D

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

TUESDAY

THE MAIN EVENT

Homemade British beef lasange.
Allergen: G, D

MEAT FREE

Broccoli and Applewood pasta bake.
Allergen: G, D

SIDES

Garlic bread
Buttered new potatoes
Allergen: G, D, S

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

WEDNESDAY

THE MAIN EVENT

Roast chicken and stuffing with real chicken gravy.
Allergen: G

MEAT FREE

Seasoned Quorn fillet, stuffing and vegan gravy.
Allergen: G

SIDES

Crispy roasties
Roast maple parsnips

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

THURSDAY

THE MAIN EVENT

Pepperoni pizza and rocket.
Allergen: G, D

MEAT FREE

Vegan margarita pizza.
Allergen: G

SIDES

Waffle fries
Crispy salad with marmite shards
Allergen: G, C

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

FRIDAY

THE MAIN EVENT

Oven baked fillet of fish or Omega 3 fish fingers in a light breadcrumb with Ketchup Allergen F,G,D

MEAT FREE

Vegetable spring rolls
Allergen: S, G

SIDES

Skinny fries
BBQ baked beans
allergen:G,E,D

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

CAKE & BAKES

MONDAY G, E

DAIRY-FREE

compost cake

TUESDAY G, E

ZERO WASTE

lemon cake

WEDNESDAY D

Jelly & Icecream

THURSDAY G

VEGAN

chocolate cake

FRIDAY G, E

PARSNIP

& toffee cake



WEEK
Two
**PRIMARY
MENU**
30/1,27/2,20/3

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Celery Gluten Crustaceans



Eggs Fish Lupin



Dairy Molluscs Mustard



Nuts Peanuts Sesame Seeds



Soya Sulphur

Please make us aware of any food allergies or intolerances you may have prior to ordering.
Fresh fruit & yogurts available daily.

WEEK
Three
PRIMARY
MENU
6/2,6/3,27/3

MONDAY

THE MAIN EVENT

Butchers best bangers & onion gravy.
Allergen: SU,,G

MEAT FREE

Tasty vegan sausage & vegan gravy
Allergen: s

SIDES

Buttered mash
garden peas & sweetcorn
Allergen: D,

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

TUESDAY

THE MAIN EVENT

Homemade British beef bolognese with wholemeal penne.
Allergen: G

MEAT FREE

Cleverchefs mac n cheese.
Allergen: G, D

SIDES

Garlic bread
Wedge salad
Allergen: G, E, D

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

WEDNESDAY

THE MAIN EVENT

Roast gammon with a rich gravy.
Allergen: G,

MEAT FREE

Quorn roast with gravy.
Allergen: S,D,E

SIDES

Roast potatoes
Glazed carrots and peas

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

THURSDAY

THE MAIN EVENT

Big Mack slopey Joe in a floured bun.
Allergen: G, E, D, MU, SS

MEAT FREE

BBQ Jackfruit slopey Joe in a floured bun.
Allergen: G, E, D

SIDES

Waffle fries
American corn salad

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

FRIDAY

THE MAIN EVENT

Oven baked fillet of fish or Omega 3 fish fingers in a light breadcrumb
Allergen: F,G,D

MEAT FREE

Roasted vegetable frittata.
Allergen: D,E

SIDES

Rosti potato bites
BBQ baked beans
Allergen: G, E, D

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Chilled crunchy wedge salad
Balsamic beetroot
Crispy marmite shards
Tomato salad
School slaw
Cucumber ribbons
Allergen: G, E, C

CAKES & BAKES

MONDAY G, E

ORANGE
& polenta cake

TUESDAY G, E

CHOCOLATE
brownie

WEDNESDAY D

Jelly & Ice cream

THURSDAY G, E, D

A-PEELING
carrot cake

FRIDAY G

DAIRY FREE
compost cake

