

# Heatree Residential Visit

Monday 21<sup>st</sup> – Friday 25<sup>th</sup> June 2021

The children will need to bring the following clothing and other essentials:

- Sensible, casual clothing for both indoor and outdoor activities. This should include **at least** 3 warm tops and 3 pairs of long trousers. Please do not pack jeans, as these are not practical for the activities the children will take part in. T-shirts, shorts etc.
- A pair of trainers for outdoor activities (these will get muddy so I would advise not sending expensive designer ones!)
- Some old shoes/trainers that you don't mind getting wet.
- Toiletries (shower gel, shampoo, toothbrush, toothpaste etc.)  
Please **do not** supply your child with a deodorant/antiperspirant spray, as these often set off the fire alarms. A roll on would be ideal.
- At least two towels
- Hair dryer if needed
- Sun cream
- **Deet-free insect repellent cream.** Being on Dartmoor, the insects are quite a pest at times, especially being near water, and from personal experience, this is essential.
- Night clothes
- Plenty of underwear and socks (it's amazing how many children run out of socks!)
- An item of silly clothing for one evening's activity (e.g. silly hat, wig etc.)
- A named drink bottle.
- Sleeping bag **OR** a single duvet cover, plus a pillow case.
- Reading material
- Children can bring a purse/wallet with some money to spend in the little gift shop. I would suggest no more than £5.
- If children want to send a postcard, they will need to bring addresses and some stamps – although the children might return before the postcard does!
- Cuddly toy (optional!)
- A couple of bin bags for dirty washing.

★ **Please supply a packed lunch for the Monday. Other lunches will be provided.**

★ **Please do not feel the need to purchase any new clothing** – the children will be getting dirty and wet, so old clothes or ones you don't mind being damaged, are perfect. If you have an issue or a question regarding any of the above, do get in touch and we will do our best to help resolve any problems.

★ **Heatree supply ALL specialist equipment and clothing.**

★ **IMPORTANT – Children are NOT to bring phones or other devices which can connect to the internet. Children may bring an MP3 player which stores music only.**