# Welcome to the February 2021 Scomis Online Safety Newsletter for Parents

## Misleading Content (Fake News)

Latest research from UK Safer Internet Centre identifies half of young people encounter misleading content (fake news) online every day!

62% of young people have had friend requests from people they don't know

Easy to read summary report here Read the full report here

Find out how to tackle misinformation (fake news) - explore Internet Matters fake news and misinformation advice hub. Learn:

- more about what fake news is
- how to protect your child from it

how to deal with it if they have been affected by it Take the 'age-appropriate' <u>quiz</u> with your child to test their

knowledge of fake news and misinformation



#### Do you know the gambling-like risks of Online Gaming?

#### What is a loot box? What does F2P mean?

#### What is skin gambling?

Find out the answers to the above questions and more by visiting Parent Zone

Parent Zone and GambleAware have partnered to help families:

- learn about gambling-like risks children may face playing online games
- practical steps parents and carers can do to keep gaming fun (but safer)

Review a short video and find out more here including:

- **Top Tips**
- Glossary
- Quiz
- FAQs



Want to speak to someone about gambling?

If you are looking for help, advice or support in relation to your or someone else's gambling, please go to **BeGambleAware.org** or contact the National Gambling Helpline on 0808 8020 133

## **HELP IN THE HOLIDAYS!**

**Remember FREE** advice is just a phone call away from the 0<sub>2</sub> and NSPCC helpline **0808 800 5002** Childline 0800 1111

## Have you heard of MeWe ?

#### Recommended Age 16+

### MeWe is a free social networking app in direct competition with Facebook. Registration is via email or phone number.

Contains:

- optional in-app purchases, including a new dark theme,
- emoji packs
- unlimited voice and video chat

Users can:

- share their locations within the app
- use privacy settings to limit contact and chat requests
- Find out more and read review by CommonSense Media

## Internet Matters—Inclusive Digital Safety

#### What is Inclusive Digital Safety?

Visit Internet Matters Inclusive Digital Safety advice hub and discover advice for parents and carers including:

- Supporting children with SEND online
- Supporting a care experienced child online
- Tackling Online Safety issues
- Setting up devices safely
- **Balancing screentime**

Review the short video on Inclusive Digital Safety and download the guide

## **Online Safety and Coronavirus**

The Coronavirus pandemic has changed young people's lives dramatically with children spending more time at home and online.

The NSPCC has lots of help/advice and guidance for parents and carers to help talk children and young people about:

- Staying safe online
- Apps and sites they may be using
- Using social media safely
- Livestreaming
- Screentime

#### Book a free online safety webinar

#### The NSPCC are offering free webinars for groups of parents and carers.

Delivered by experienced NSPCC staff, topics covered include:

- understanding the risks and benefits of being online for children
- practical things you can do to help your children stay safe online
- knowledge of the tools and resources that can help you.

If you'd like to organise a webinar on behalf of a group, please email: parentworkshops@nspcc.org.uk





- Accessing free resources





MeWe