



The NHS Mental Health Support Team invites you to
book your place on our:
**Understanding Behaviour as Communication
Workshop**

This is an hour long online session aimed at parents and carers to introduce the concept of behaviour as communication. It will give practical strategies to develop more positive behaviour at home.

Upcoming Sessions:

- Monday 1st July at 10:00 - 11:00
- Wednesday 3rd July at 16:00 - 17:00

To request a place, please complete the online form or scan the QR code provided:
<https://forms.office.com/e/Kyq9QPdAdn>



Sign up will close on Wednesday 26th June

